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Medical Objects: search "gold coast lung and sleep" or 269410DJ or ID HG4217000B4.

Patient Name: _____

Date of Birth: _____

Medicare: _____

Mobile: _____

Email: _____

Address: _____

Respiratory consultation

Sleep consultation

Clinical History: _____

LUNG FUNCTION TESTING

Complex Lung Function
(Spirometry, Gas Transfer, Lung Volumes)

SLEEP SERVICES

Diagnostic Home Sleep Study
Other studies require Sleep Physician consultation

Referring Doctor Details (including provider number)

Please stamp/insert details

Signature: _____ Date: _____

PLEASE READ THE FOLLOWING SPECIFIC INSTRUCTIONS TO PREPARE FOR YOUR LUNG FUNCTION TEST

All patients are asked to refrain from the following before their test:

- Smoking (1 hour)
- Performing vigorous exercise (1 hour)
- Consuming alcohol or caffeinated drinks (4 hours)

TEST(S)	TIME TO WITHHOLD MEDICATION (BEFORE)	MEDICATION YOU NEED TO WITHHOLD
Spirometry before and after bronchodilator	4 hours	Asmol, Atrovent, Bricanyl, Ventolin
	12 hours	Foradile, Oxis, Seretide, Serevent, Symbicort
Bronchial Provocation Testing	8 hours	Airomir, Atrovent, Asmol, Bricanyl, Ventolin
	24 hours	Atrovent, Foradile, Oxis, Seretide, Serevent, Symbicort
	72 hours	Claratyne, Telfast, Zyrtec

PLEASE FILL THE FOLLOWING TO REQUEST FOR HOME SLEEP STUDY TEST

OSA 50 Screening Questionnaire	If YES, circle
Waist circumference*: Male > 102cm Females > 88cm	3
Has your snoring ever bothered other people?	3
Has anyone noticed you stop breathing during your sleep?	2
Are you aged 50 years or over?	2
	TOTAL SCORE...../ 10

Epworth Sleepiness Scale

- Sitting and reading
- Watching TV
- Passenger in a car trip
- Sitting and talking to someone
- Sitting inactive in public (meeting or theatre)
- Lying down in the afternoon when able
- Sitting after lunch without alcohol
- In a car stopped in traffic for a few minutes

Chance of Dozing (0-Unlikely 3-Likely)

0 1 2 3

Total score...../ 24

OSA50 Score must be ≥ 5 **AND** ESS score must be ≥ 8 to meet criteria for a Medicare funded diagnostic sleep investigation. If the criteria are not met, **request a sleep physician consult.**